

Bio.



Linnea Nilsen Capshaw.

Healthcare Leadership Coach, Suzann Foerster Leadership Coaching

Linnea's career dedication and passion is for the health and wellness of leaders and organizations. She understands the shifts needed to achieve health, based on her experience leading transitions in health care and not-for-profit organizations. For over 25 years, Linnea has guided leaders to be more authentic and grounded as they grow professionally and lead change in their organizations. The results? Healthier perspectives, habits, choices, and decisions, leading to healthier outcomes.

Linnea began her career as a hospital administrator and discovered her passion for improving the healthcare system by collaborating with physicians and their teams in ambulatory care settings. As Associate Vice President, Community and Provider Services at an 800-bed academic medical center in Massachusetts, she developed new programs for both Physician and Patient Services. In Philadelphia, at a 739-bed hospital, she started similar programs before leading the development of a multi-specialty physician organization that was integrated with Penn Medicine's Clinical Care Associates years later. With the physician-patient relationship as the core of this organization's culture and strategies, she empowered physicians and their staff teams to utilize their greatest talents in this new model of care.

In 1995, Linnea started her own business to empower health care leaders and their teams to provide excellent patient centered care. With a depth of knowledge of healthcare organizational culture, leadership, and systems, Linnea coaches leaders to be their best while creating greater health in their new or established organizations. She has coached physician leaders to reorganize their staff and systems into patient-centered teams, resulting in dramatic improvements in quality and satisfaction. She has facilitated visioning, strategic planning, benchmarking, and team building processes for ambulatory clinics and centers, with a special focus on children's healthcare.

Linnea holds a Master's degree in Hospital and Health Administration from the University of Iowa and a Bachelor's Degree in Business and Hospital Administration from Concordia College. She lives in Washington DC with her husband Daniel, where they love biking and hiking, listening to live music, soaking up art at galleries and museums, and serving others through a variety of volunteer work. Linnea continually finds new ways of staying healthy personally: at the gym lifting weights, taking exercise and yoga classes, eating nutritious food, spending time with friends and family, and singing with a community gospel choir.

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